



HOUSE AS A PERSONAL TRAINER

We investigate the design of experimental relationships between the houses and their inhabitants, where the houses can actively shape their user's behavior towards more sustainable practice.

The house as a personal trainer metaphor allows us to envision the house as an interface that assists users in their daily activities, show them ways to save on resources, manage waste, support their interaction with each other and contribute to their long-term socially and environmentally-sound living.

